

# The Jefferson Health Plan EAP – Quick Facts Sheet

Program Name: Toll-Free Number: EAP Website: The Jefferson Health Plan EAP 877-233-0976 www.achievesolutions.net/JHP

# Eligibility:

Plan participants enrolled in the member organization medical plan including employees, spouses & dependents are eligible for the benefits offered through the EAP Program. In addition, any other household members of a JHP covered employee may use the EAP. Employees of member organizations who are not covered by the Jefferson Health Plan are also eligible.

## EAP Counseling:

5 face-to-face visits per problem

### Telephonic EAP:

Unlimited.

### Legal & Financial Benefit:

A free 30 minute consultation per problem can be accessed through the toll-free number. Additional services beyond the initial consultation are available at a discounted rate. Self-serve tools for building standard legal documents, relevant articles and other resources are available on the EAP website.

#### Work-Life Balance Benefit:

Assistance is available for locating and connecting with referral services for such Work-Life Balance challenges as childcare, eldercare and concierge assistance with daily living needs; e.g., planning special occasions and travel, locating reliable skilled tradesmen to address home and household needs, help with unexpected personal/family events, etc. Related information and resource locator tools are available on the EAP website.

#### Management Consultations:

Consultation on workplace, employee and team issues, including planning for a referral of an employee to the EAP, can be accessed through the toll-free number. This assistance is not limited in occurrence.

#### Management Referrals:

Assistance with planning for and implementing formal referrals related to job performance and/or job jeopardy is available through the toll-free number.

#### Crisis Incident Debriefing:

Onsite services are available on a per-hour, Fee-for-Service basis. Call the toll-free number to make arrangements.

#### **Orientation & Training:**

Orientation and Training are available on a per-hour, Fee-for-Service basis. Call the toll-free number to make arrangements.

